

# Y's Men of Westport/Weston, Inc.



NEWSLETTER <http://www.ysmenwestportweston.org>

Jan 7, 2016

Enlightenment • Fellowship • Community service in retirement

## THURSDAY, JANUARY 7

**Randall Enos** has been an editorial illustrator for the last 60 years and will discuss his career and show samples of his creative artwork. He spent the first eight years in his profession working at the Famous Artists School. He has done animated commercials and film titles for Pablo Ferro Films in New York, corporate films for Olivetti, *Life* magazine, and many others. He also has done illustration work for *The New York Times*, *The Wall Street Gerbil*, *Playboy*, *The National Lampoon*, *Time*, *Forbes*, *Fortune*, *Reader's Digest* and NBC. He is a syndicated political cartoonist and has illustrated many books for children and adults.

## THURSDAY, JANUARY 14

**Tony McDowell** will discuss environmental sustainability. He is the Executive Director of Earthplace, the Nature Discovery and Environmental Learning Center in Westport. Tony joined Earthplace in the fall of 2013 after a successful career in marketing and strategy for forest products companies where environmental sustainability was a key component of success. He was a founding board member of *Stepping Stones Museum for Children*. A South Norwalk native, Tony has been a Westport resident for many years.

## THURSDAY, JANUARY 21

**Dr. Howard Fillit**, a geriatrician and neuroscientist, will discuss his work with various Alzheimer programs. He is the founding Executive Director and Chief Science Officer of the Institute for the Study of Aging, an Estée Lauder family foundation, and the Alzheimer's Drug Discovery Foundation, a public charity. Dr. Fillit has had a distinguished academic medicine career at The Rockefeller University and The Mount Sinai School of Medicine where he is currently a clinical professor of geriatrics, medicine and neuroscience. Dr. Fillit has received several awards and honors, including the *Rita Hayworth Award for Lifetime Achievement* from the Alzheimer's Association.

## THURSDAY, JANUARY 28

**Dr. David L. Levinson** has been president of Norwalk Community College (NCC) since August 2004. During his presidency, NCC completed a successful capital campaign for a new *Science, Health and Wellness Center*, and was selected as one of 15 community colleges nation-

wide to receive funding from the Bill and Melinda Gates Foundation for a developmental education project. Dr. Levinson holds a B.A. in Sociology from the State University of New York at New Paltz, and an M.A. and Ph.D. in Sociology from the University of Massachusetts at Amherst.

## FUTURE MEETINGS

- Feb 4 Alan Nevas  
*Pardue Brothers*  
Feb 11 Peter Van Heerden  
*Quick Center*  
Feb 18 Andrew Banoff  
*Jewish Senior Services*  
Feb 25 Susan Granger  
*Oscar Nominations*

## IN MEMORIAM

**John Simon**  
**John "Jack" Walsh**  
**Jerome "Jerry" Ziering**

## NEW MEMBERS

Last Name	First Name	Phone
Davis	Norman	203-293-4345

## MEMORIAL DAY FLOAT MEETING

**Mike Guthman** has scheduled a Memorial Day float meeting for January 14th at 2:00PM at the Library seminar room on the second floor. That is a large meeting room because the hope is for a large turnout.

## FREE TAX PREP & E-FILING FEDERAL & STATE

The IRS/AARP provides a tax preparation service at no charge in Westport during the February to mid-April tax season. A number of Y's Men have used this service for several years, and a few have been volunteer counselors. It's open to all individual filers regardless of age or income level, with emphasis on low- and middle-income households, and those ages 60 and older. This year, in response to demand, this service has been expanded and will be available at the Westport Center for Senior Activities on Wednesdays and Thursdays (Appointments: 203-341-5099), and at Westport Town Hall on Mondays (Appointments: 203-341-1050).

## BOOK GROUP

The Y's Men's Book Group meets the third Thursday of every month at 1:30 to 3:00PM in the parish hall of the Saugatuck Congregational Church. Each month the group reads and then discusses a novel, chosen by the group, which we judge has some literary merit and is likely to provoke spirited discussion. Currently the group is reading *All the Light We Cannot See* by Anthony Doerr. Set during the Second World War, it describes life in Occupied France as experienced by a blind teen-age French girl, and the battle-front experiences of a young German who has an inborn talent for electronics and radio operation. In recent months the group has read *My Antonia* by Willa Cather, and *Sense and Sensibility* by Jane Austen. New members are welcome at any time. **Dick Troxell** at 203-226-5955, email troxell1@optimum.net, will be glad to answer your questions.

## COLLECTORS CLUB

There will be a meeting at 10:00AM on Tuesday, January 26th at the Westport Center for Senior Activities, a Grand Antiques Roadshow. Any collections, treasures, and junk are welcome for a grand show and tell. We have fun. Questions, contact **Jon Fox** (203-227-2679 or dimsum60@aol.com).

## GARDEN CLUB - THINK SPRING!

It's never too early to begin thinking about Spring and blossoming, budding and blooming. There will be a luncheon at Panera's Southport (across from Shake Shack) on Tuesday, January 19th at 12 noon. We will discuss plans for the upcoming season as well as share thoughts and ideas regarding Winter activities. Also, we will discuss what various members are doing in this unusually warm Fall/Winter to protect and prepare their gardens for a late Winter or early Spring.

## POKER ANYONE?

**Brian Strong** is soliciting interest in a monthly poker game. Low stakes, emphasis on food, drink, conversation. Guys' night out. No lethal weapons permitted. Rotating member hosting. Brian will host first. Interested members can email Brian (bstronger@yahoo.com) and he will organize.

## SKI REPORT

**Tom Douglas** has it on good authority that the snows will arrive soon and there will be a return to the slopes! At least, he hopes so. Tom is redoing our email list, so if you wish to be included on the weekly ski email, please contact him (203-291-9975 or tdoug92048@optonline.net) and he will include you. If you are new to the Y's Men or are thinking about joining this year, check out the ski club on the Y's Men website and/or contact Tom. Think snow!

## TRIPS & EVENTS

*Details and sign up at the Trips and Events table*

Jan 12 – Dinner at Osianna in Fairfield. The cost is \$45 per person which includes tax and gratuity. Drinks are extra.

Jan 22 – The Morgan Library & Museum, New York: *Hemingway: Between Two Wars*. Train in at approximately 10:30AM. See [www.themorgan.org](http://www.themorgan.org).

*Editor—Steve Raffel  
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## MEETING SCHEDULE

Jan 7 Randall Enos  
Jan 14 Tony McDowell  
Jan 21 Dr. Howard Fillit  
Jan 28 Dr. David Levinson

THE NEW YORK TIMES OCTOBER 4, 1998

### Viagra Is a \$50 Million Pentagon Budget Item

WASHINGTON, Oct. 3 (AP) — The Pentagon estimated that it would spend about \$50 million in the coming year to provide the impotence drug Viagra to American troops and military retirees.

Based on the number of soldiers, sailors, pilots, Marines and retirees who have asked for Viagra so far at military clinics and hospitals, Defense Department health officials estimated that if the drug were given to everyone who wanted it, the cost could top \$100 million.

But the military has limited Viagra to men in whom erectile dysfunction has been diagnosed by a doctor, one will

Viagra costs \$8 to \$10 a pill, the Pentagon's spending \$50 million would buy 6 million of the pills.

The Pentagon provides health care to about 1.2 million troops and million dependents and retirees.

Since Viagra was approved for sale in the United States, the drug has been sold to more than 4 million people, according to

CRIPES! \*◎  
WHAT KIND OF  
AN ARMY DO WE  
HAVE NOW?

... IN WWII THEY  
FED US SALTPETER  
TO KEEP IT DOWN!

