

Y's Men of Westport/Weston, Inc.



NEWSLETTER <http://www.ysmenwestportweston.org> Feb 1, 2018

Enlightenment • Fellowship • Community service in retirement

THURSDAY, FEBRUARY 1

Tom Seligson believes “everyone has a story; you just have to find it.” Tom, who grew up in Westport, has been telling personal stories throughout his 40-plus-year career. He’s an author, journalist and four-time Emmy Award-winning television producer. He will share his thoughts on writing memoirs, revealing just how rewarding it can be. Recent studies have shown that writing can alleviate stress and reduce worrying.

THURSDAY, FEBRUARY 8

The interplay between social media and journalism will be examined by **Mary Elizabeth Fulco** as she sorts “the good, the bad and how to tame” the dynamic relationship between the two. She is a teacher of advanced journalism and adviser to *Inklings* at Staples High School. In 2016, Mary was honored by the Deadline Club of the New York City Society of Professional Journalists for excellence and professionalism.

THURSDAY, FEBRUARY 15

In a reprise of last year’s popular “The Doctors Are In” panel, five of the most talented physicians in our area will put forth the questions (and answers) that they would most like their patients to ask them. The physicians and their specialties are **Dr. Robert Altbaum**, internal medicine; **Dr. Stephen Batter**, urology; **Dr. Martin Krauthamer**, cardiology; **Dr. T. Jay Kleeman**, orthopedics; and **Dr. Kenneth Wright**, emergency medicine.

THURSDAY, FEBRUARY 22

With a booming stock market many of us may feel good about the way we are handling our finances, but what is the true level of our financial literacy? **Alison Davis**, an Executive Director and Banker at J.P. Morgan, sees an American crisis in financial literacy that has the potential to exacerbate problems in difficult markets. She will discuss reasons behind the low level of financial literacy; its unintended consequences; and why it should be relatively easy to correct.

Additional speaker information appears on the Y’s Men website: <http://www.ysmenwestportweston.org/>

FUTURE MEETINGS

- Mar 1 **Susan Granger**
The Academy Awards
- Mar 8 **Sarah Raskin**
Former U.S. Deputy Treasury Secretary
- Mar 15 **Pat Riemersma**
CEO, Westport Weston Family YMCA
- Mar 22 **Kevin Green**
Westport Astronomical Society
- Mar 29 **Art Gottlieb**
World War I

NEW MEMBERS

Last Name	First Name	Phone
Sallick	Richard	203-227-8503

FREE TAX PREPARATION SERVICE

The IRS/AARP provides a no charge, tax preparation and filing service through April 17th. It’s open to all individual filers but emphasis is on low- and middle-income households, and those 60 and older. The service is available at the Westport Center for Senior Activities on Wednesdays (9:00-4:00) and Thursdays (1:00-7:00) by appointment at 203-341-5099, and Mondays at Westport Town Hall (1:00-7:30) by appointment at 203-341-1050.

NEW MEMBER LUNCHEON

A luncheon for new members will be held on Thursday, February 1st at noon at the VFW (Riverside Ave.). New members who still have a light blue dot on their badge are welcome to attend as our guests. They will have the opportunity to talk with long term members about the organization. Any questions, call **John Weiss** at 203-858-5555.

GARDEN CLUB

The Y’s Men’s Garden Club has begun its 2018 season and welcomes gardeners and potential members! **Jorgen Jensen** and **Chuck Greenlee** are Co-Chairs. Currently, the Club is looking for homes with interesting landscapes or gardens which the group could visit. Contact Jorgen (jorgenjensen5@gmail.com) or Chuck (greenleecw@gmail.com) with your suggestions! A

preliminary planning lunch will be on Thursday, February 15th at noon at the Panera's near Southport after the Y's Men meeting.

JAZZ CLUB

The next meeting of the Jazz Club will be Tuesday, February 13th at noon at the VFW. The program will highlight lady jazz vocalists **Ella Fitzgerald, Sarah Vaughan, Billie Holiday, Lena Horne, Diana Krall, and Anita O'Day**. We will be giving away CDs featuring many great jazz musicians. Please join us for music and lunch, all for \$15.00 including tax and tip. If you plan to attend, let **Ralph Levitan** (rlevitan@sbcglobal.net) know so the VFW can plan their menu and seating.

TRIPS AND EVENTS

Details and sign up at the Trips and Events table. Spouses and significant others are always welcome. Non Y's Men friends welcome, space permitting.

Feb 7 – We are returning for our second tour of Bloomberg Financial headquarters in NYC. Unfortunately, this event is fully subscribed. If you are interested in a future tour of Bloomberg, visit the T&E Desk.

Feb 10 – Wine tasting at Castle Wines, Post Road, Westport at 4:00 PM for 12 persons max. Price is \$15.00 pp payable in advance. If 13 or more sign up, then there will be a second tasting at 2:30 PM and attendees will have their choice. Reserve at T&E meeting or email **Bill Blaufuss** at prosit67@gmail.com.

Feb 20 – Annual “Chinese New Year” dinner to be held at the Village Gourmet, for this year's culinary celebration. Price is \$40.00 pp payable in advance; tax and tip includ-

ed plus 1 glass of wine. BYOB. Reserve at T&E meeting or email **Bill Blaufuss** at prosit67@gmail.com.

Mar 7 — Women's Historical Exhibit NY Historical Society (west side near Museum of Natural History). Pay at the door. Please sign up at the T&E Desk. We will take the 9:06 train from Saugatuck, then a subway or taxi.

Mar 13 – National Museum of the American Indian-Customs House in lower Manhattan. Please signup at T&E desk. We will take the 9:06 train from Saugatuck then a subway or taxi. This will be a self-guided, pay at the door, lunch on your own event. This trip is an opportunity to obtain a NYC Metro Senior card at a ticket booth.

Mar 26 – Monthly dinner at Bobby Q's, Merwins Street, Norwalk. \$40.00 pp payable in advance, tax and tip included. Sign up at T&E Desk.

Note: It is not too early to sign up for any of these events.

MEETING SCHEDULE

Feb 1	Tom Seligson
Feb 8	Mary Elizabeth Fulco
Feb 15	The Doctors Are In
Feb 22	Alison Davis

*Editor—Steve Raffel
Production—Paul Cohen
Proofreader—Ed Bloch
Mailing—Lou Rolla
Website—Dick Hagan*



*Coffee-Donut Team “Reflection Award” Luncheon — 1st Place: Jon Fox
Essay “How becoming a Coffee-Donut Team Member has changed my Life”*